Golden Plains Shire

Stay safe in an emergency and be proactive

EMERGENCY PREPAREDNESS INFORMATION

Who to contact in case of an...

EMERGENCY

Fire, Police and Ambulance: Dial 000
No mobile phone coverage? Dial 112

Animal Welfare

- Wildlife Victoria: 1300 094 535 (24hrs - native animals only) or www.wildlifevictoria.org.au

Communications

- ABC Radio Stations: 774AM and 94.3FM
- Phone 1300 295 222 or Text 19 722 842
- www.abc.net.au

Department of Education and Early Childhood Development

- School Closures: 1800 809 834
- Poison Centre: 13 11 26
- Nurse on Call: 1300 606 024 (24hrs)

Department of Environment, Land Water and Planning: 13 61 86

Fire

- Victorian Bushfire Information Line: 1800 240 667
- CFA Burn-Off Notification: 1800 668 511
- CFA District 15 – Ballarat: 5329 5500
- CFA District 7 – Geelong: 5240 2700
- www.cfa.vic.gov.au

Golden Plains Shire Council

- Customer Service: 5220 7111
- www.goldenplains.vic.gov.au

The information in this booklet will help make you better prepared in an emergency.

Who to contact in case of an...

EMERGENCY *continued*

Lifeline - Crisis Support 13 11 14 (24hrs)

Parks Victoria

- Information/Emergency Calls: 13 19 63
- www.parkweb.vic.gov.au

Storm and Flood

- State Emergency Service: 132 500
- State Flood and Storm Line: 1300 842 737
- www.ses.vic.gov.au

Utilities - Service and Faults

- Barwon Water: 1300 656 007 (24hrs)
- Central Highlands Water: 1800 061 514
- Dial Before You Dig: 1100 or www.1100.com.au
- Gas Emergencies: 13 27 71 (24hrs)
- Powercor: 13 24 12
- SP Ausnet: 13 17 99 (24hrs)
- Telstra (Home Faults): 13 22 03

Vic Roads

- Road Closures/Traffic Hazards: 13 11 70
- www.vicroads.vic.gov.au
- www.depi.vic.gov.au

Weather Warnings

- Flood and Weather Warnings: 1300 659 217
- Weather Advice: 9669 4916
- www.bom.gov.au (Bureau of Meteorology)

In this booklet you'll find:

Tips to help keep you safe in the event of a bushfire *page* 4

Tips to help keep you safe in the event of a heatwave *page* 5

Tips to help keep you safe in the event of storm and flood *page* 6

Tips for performing CPR *page* 7

How to report suspicious fires and arson *page* 7

Tips to stay safe in the event of a...

BUSHFIRE

- Prepare your Emergency Plan and back-up plan.
  Include pets / livestock in your plans.
- Trial your plans with your family prior to each fire season.
- Discuss your plans with neighbours/friends.
- Check your Emergency Kit prior to fire season.
- Clean up around your house and property.
- Check pumps, hoses and fittings and clean out gutters and downpipes (have gutter stops handy).
- Be aware of fire danger ratings to apply your plans and back-ups and listen to your emergency radio station for updates.
- Contact the National Relay Service on 1800 555 677.
- Contact your local CFA.
- Contact Regional CFA Office (located in Sale) for your Fire Ready Kit and other information.

Tips to stay safe in the event of a…

HEATWAVE

- Be aware of weather predictions for extreme heat. Extreme temperatures can affect anybody and can lead to heat-related illness and death.
- Check that your fan or air-conditioner works well.
- Stock up on food, water and medicines so you don't have to go out in the heat.
- Look at the things you can do to make your home cooler.
- Think about what you would do if a heatwave caused loss of electricity.
- Ensure you have a torch, a telephone that will work without electricity, a battery-operated radio and sufficient batteries.

COPING WITH THE HEAT

- Drink plenty of water, stay cool and out of the sun and avoid exercise.
- Look after yourself and keep in touch with family, friends and neighbours. Remember that the frail and elderly are more vulnerable.
- For 24-hour health advice, contact Nurse on Call, 1300 606 024
- The 'Staying Healthy in the Heat' brochure contains valuable information for coping with the heat.
  Go to: http://docs.health.vic.gov.au/docs/doc/Staying-healthy-in-the-heat

Tips to stay safe in the event of a…

STORM AND FLOOD

- Never enter flood waters.
- Understand your flood risk and plan a safe evacuation route.
- Check your home and contents insurance cover for floods and storms.
- Keep downpipes and gutters clear.
- Check your Emergency Kit and Emergency Plan regularly.
- Listen to local emergency radio stations and check BOM (Bureau of Meteorology) website for storm updates.
- Secure loose items outside.
- Ensure pets are safe and secure.
- Ensure you have additional supplies of drinking water and non-perishable food.
- Elevate valuables, books, electrical items and bedding.
- Turn off gas, water and electricity at the mains if you need to evacuate.
- Be aware of fallen power lines.
- Use the SES Emergency Toolkit and the FloodSafe page on the SES website to plan for flood/storm events at www.ses.vic.gov.au

Tips for...

PERFORMING CPR

D - Check for **DANGER**.

R - Check for **RESPONSE.**

S - **SEND** for help Call Triple Zero (000) and ask for an ambulance.

A - Check **AIRWAYS** and signs of life.

B - Check if **BREATHING NORMALLY**. If so, put in recovery position. If not, begin compressions.

C - **COMPRESSIONS**
Give 30 chest compressions at almost 2 per second. Repeat cycle of 2 breaths and 30 compressions without stopping.

D - **DEFIBRILLATION**
Attach automated external defibrillator (AED) and follow prompts.

Stay on the lookout for and report...

SUSPICIOUS FIRES AND ARSON

- Be observant and take note of suspicious people and vehicles in your area. Write down registration numbers, physical descriptions of people or vehicles, and/or incident dates and times.
- Ring 000 to report incidents – even if it's just suspicious activity. Descriptions of vehicles entering or leaving the area prior to the fire can be very helpful.

“At Golden Plains Shire Council, we’re responsible for emergency management planning, response and recovery. We want to help keep you as safe and prepared as possible.”

Cr Des Phelan, Mayor.