



PREMIERS ACTIVE APRIL

School Holidays						
Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7	Sunday 8
	Dereel Walking Group 8.30am Dereel Community Centre Cost: FREE Contact: Lucy 5346 1521	Linton Walking Group 8.30am Meet at the Rotunda Cost: FREE Contact: Sharon 5344 7500	Trailblazers Walking Group 10am Meet at Scarsdale Community Park, Scarsdale-Pitfield Rd, Scarsdale Cost: FREE Phone: 5321 1500	Living Longer, Living Stronger 9.30am-10.30am Cost:\$6.00 The Well, Smythesdale Contact: 5338 4593	Golden Plains Farmers' Market 8.30am-12.30pm Contact: goldenplainsfarmersmarket@gplains.vic.gov.au	
	Rokewood Walking Group 9am Meet at Rokewood Community Health Cost: Gold coin donation Contact Gwen 5346 1450 Jen 0437 085 496	Older Adults Exercise Group (low impact, fun & Friendly) 10.30am-11.30am Bannockburn Cultural Centre Cost: FREE Contact Patti 5281 1290	Teesdale Tai Chi 9.30am - 10.30am Teesdale Hall Cost: \$14.00 Contact: Meredith Community Centre		Bannockburn Bush Parkrun 7:45am Old Base Road Cost:Free Contact: bannockburnbushhelpers@parkrun.com	
	Meredith Tai Chi 9.30am-10.30am Meredith Community Centre Cost: \$14.00 Contact: Meredith Community Centre		Inverleigh Walking Group 10am Meet at Sonny's Cafe Cost: Gold coin donation Contact Jen 0437 085 496			
	Berringa Walking Group 9.30am Meet at the Berringa Hall Cost: FREE Contact: Dianne 5342 2250					
	Living Longer, Living Stronger 9.30am-10.30am Cost:\$6.00 The Well, Smythesdale Contact: 5338 4593					
	Bannockburn Walking Group 10am Meet at the Shire Hall Cost: FREE Contact: Gail 0400 520 874					
	Smythesdale Thai Chi 2pm-2.45pm Cost:\$6.00 The Well, Smythesdale Contact: 5338 4593					
	Bannockburn Tai Chi 6pm-7pm Bannockburn Family Service Centre Cost: \$14.00 Contact: Meredith Community Centre					
School Holidays						
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13	Saturday 14	Sunday 15
Authentic Meditation with Yoga & Breathe awareness 6:15pm-7:30pm The Well Cost: \$65 Contact: Jo 0408 820 976 joscherger@outlook.com	Dereel Walking Group 8.30am Dereel Community Centre Cost: FREE Contact: Lucy 5346 1521	Linton Walking Group 8.30am Meet at the Rotunda Cost: FREE Contact: Sharon 5344 7500	Teesdale Tai Chi 9.30am - 10.30am Teesdale Hall Cost: \$14.00 Contact: Meredith Community Centre	Living Longer, Living Stronger 9.30am-10.30am Cost:\$6.00 The Well, Smythesdale Contact: 5338 4593	Bannockburn Bush Parkrun 7:45am Old Base Road Cost:Free Contact: bannockburnbushhelpers@parkrun.com	
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	Smythesdale Thai Chi 2pm-2.45pm Cost:\$6.00 The Well, Smythesdale Contact: 5338 4593					

	Bannockburn Tai Chi 6pm-7pm Bannockburn Family Service Centre Cost: \$14.00 Contact: Contact: Meredith Community Centre					
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21	Sunday 22
Haddon Mums & Bubs Yoga 1pm-2pm Haddon Community Centre Cost: \$15.00 Contact: Alana 0422 288 545 mrs.alana@hotmail.com	Dereel Walking Group 8.30am Dereel Community Centre Cost: FREE Contact: Lucy 5346 1521	Linton Walking Group 8.30am Meet at the Rotunda Cost: FREE Contact: Sharon 5344 7500	Teesdale Tai Chi 9.30am - 10.30am Teesdale Hall Cost: \$14.00 Contact: Meredith Community Centre	Living Longer, Living Stronger 9.30am-10.30am Cost:\$6.00 The Well, Smythesdale Contact: 5338 4593	Karen Feldman Dance School From 9.15am Bannockburn Cultural Centre Cost \$10.00 Contact: Karen 0432 493 527	Big Top & Tiny Tots Circus Show 2pm-2.45pm The Well, 19 Heales St. Smythesdale. Cost: FREE
Authentic Meditation with Yoga & Breathe awareness 6:15pm-7:30pm The Well Cost: \$65 Contact: Jo 0408 820 976 joscherger@outlook.com	Rokewood Walking Group 9am Meet at Rokewood Community Health Cost: Gold coin donation Contact Gwen 5346 1450 Jen 0437 085 496	Older Adults Exercise Group (low impact, fun & Friendly) 10.30am-11.30am Bannockburn Cultural Centre Cost: FREE Contact Patti 5281 1290	Smythesdale Walking Group 10am Meet at The Well Cost: FREE Contact: 5321 1500	Karen Feldman Dance School From 9.45am Bannockburn Cultural Centre Cost \$10.00 Contact: Karen 0432 493 527	Big Top & Tiny Tots Circus Show 2pm-2.45pm YMCA, 132 Milton St, Bannockburn Cost: FREE	
	Meredith Tai Chi 9.30am-10.30am Meredith Community Centre Cost: \$14.00 Contact: Meredith Community Centre	Haddon Creative Art Therapy 11am-12pm Haddon Community Centre Cost: 20.00 Contact: Alana 0422 288 545 mrs.alana@hotmail.com	Inverleigh Walking Group 10am Meet at Sonny's Cafe Cost: Gold coin donation Contact Jen 0437 085 496	Bannockburn Karate 6pm-7pm Bannockburn Cultural Centre Contact: Josh 0408 547 649	Bannockburn Bush Parkrun 7:45am Old Base Road Cost:Free Contact: bannockburnbushhelpers@parkrun.com	
	Living Longer, Living Stronger 9.30am-10.30am Cost:\$6.00 The Well, Smythesdale Contact: 5338 4593	Haddon Yoga / Hatha 1pm-2pm 6.30pm-7.30pm Haddon Community Centre Cost: 15.00 Contact: Alana 0422 288 545 mrs.alana@hotmail.com	Lethbridge Cubs (8-10yrs) 7pm-9pm Lethbridge Hall Contact: Andrew 0419 518 905			
	Berringa Walking Group 9.30am Meet at the Berringa Hall Cost: FREE Contact: Dianne 5342 2250	Dereel Tae Kwon Do 7pm-8pm Dereel Hall Cost: \$10.00 Contact: Richard 0484 596 137	Bannockburn Scouts (10-14yrs) 7pm-9pm Bannockburn Cultural Centre Contact: Andrew 0419 518 905			
	Yoga with Ashlee 9.45am-10.45am Bannockburn Cultural Centre Contact: Ashlee 0411 444 656	Dereel Tai Chi 7pm-8pm Dereel Community Centre Cost: \$15.00 Contact: Sandra 0409 662 106	Haddon Meditation Course 7.30pm-8.30pm Haddon Community Centre Cost: 15.00 Contact: Alana 0422 288 545 mrs.alana@hotmail.com			
	Bannockburn Walking Group 10am Meet at the Shire Hall Cost: FREE Contact: Gail 0400 520 874	Bannockburn Karate 6.30pm-7.30pm Bannockburn Cultural Centre Contact: Josh 0408 547 649				
	Kangatraining (mums & bubs) 10.30am-11.30am Bannockburn Cultural Centre Cost: Contact: Lauren 0419 335 460	Teesdale Kyokushin Dojo 6:15pm-7:15pm Teesdale Community Hall Cost: Free Come N Try Session Contact: http://www.geelongkyokushin.com.au/contact/				
	Smythesdale Thai Chi 2pm-2.45pm Cost:\$6.00 The Well, Smythesdale Contact: 5338 4593	Inverleigh Kyokushin Dojo 6:30pm-7:30pm Inverleigh Community Hall Cost: Free Come N Try Session Contact: http://www.geelongkyokushin.com.au				
	Bannockburn Tai Chi 6pm-7pm Bannockburn Family Service Centre Cost: \$14.00 Contact: Meredith Community Centre					
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Haddon Mums & Bubs Yoga 1pm-2pm Haddon Community Centre Cost: 15.00 Contact: Alana 0422 288 545 mrs.alana@hotmail.com			Haddon Meditation Course 7.30pm-8.30pm Haddon Community Centre Cost: 15.00 Contact: Alana 0422 288 545 mrs.alana@hotmail.com		Bannockburn Bush Parkrun 7:45am Old Base Road Cost:Free Contact: bannockburnbushhelpers@parkrun.co	
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