

# SENIORS FESTIVAL 2022 3 - 28 OCTOBER

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7	SATURDAY 8
<b>Soft Tennis</b> 10-11.30am YMCA Bannockburn Session One: FREE	<b>International Day for Older People Celebration</b> 11am-1pm Bannockburn Cultural Centre Transport available. Confirmed upon booking. <b>FREE (Light lunch provided)</b> Contact: Golden Plains Shire Council Positive Ageing 5220 7151	<b>Dereel Mens Shed Open Day</b> 9am-3pm Dereel Mens Shed <b>FREE</b> Contact: Gordon Smith 0448 843 426	<b>Smythesdale Walking Group</b> 10am Smythesdale Gardens <b>FREE</b> Contact: Denny 0419 666 860	<b>Ageism Awareness Day Celebration</b> 10am-12.30pm Lethbridge Cricket Club Transport available. Confirmed upon booking. <b>FREE (Light lunch provided)</b> Contact: Golden Plains Shire Council Positive Ageing 5220 7151	
<b>Haddon Quilters Group</b> 6.30pm Haddon Community Centre \$3	<b>Rokewood Waking Group</b> 9am Hesse Health <b>FREE</b> Contact: Gwen Mills 5346 1450	<b>Steady Feet</b> 10.30-11.30am Meredith Community Centre <b>\$10</b>		<b>Dereel Walking Group</b> 10am Dereel Community Centre <b>FREE</b>	
	<b>Be Connected Program - Computing Support for over 50s</b> 11am-12pm 1-2pm 2-3pm Haddon Community Centre <b>FREE</b> Contact: 5342 7050	<b>Seniors Move it Gentle Program</b> 11.15am-12.15pm Haddon Community Centre <b>\$9 (Seniors Concession)</b> Contact: Alana 0422 288 545		<b>Be Connected Program - Computing Support for over 50s</b> 11am-12pm 1-2pm 2-3pm Haddon Community Centre <b>FREE</b> Contact: 5342 7050	
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14	SATURDAY 15
<b>Soft Tennis</b> 10-11.30am YMCA Bannockburn Session One: FREE	<b>Mystery Outing</b> 11am Transport available. Confirmed upon booking. <b>Cost to be advised upon booking</b> Contact: Golden Plains Shire Council Positive Ageing 5220 7151	<b>Steady Feet</b> 10.30-11.30am Meredith Community Centre <b>\$10</b>	<b>Smythesdale Walking Group</b> 10am Smythesdale Gardens <b>FREE</b> Contact: Denny 0419 666 860	<b>Dereel Walking Group</b> 10am Dereel Community Centre <b>FREE</b>	
<b>Haddon Quilters Group</b> 6.30pm Haddon Community Centre \$3	<b>Rokewood Waking Group</b> 9am Hesse Health <b>FREE</b> Contact: Gwen Mills 5346 1450	<b>Intergenerational Tech Training Day with Bannockburn High School Students</b> 10am-12pm Bannockburn Cultural Centre Transport available. Confirmed upon booking. <b>FREE</b> Contact: Golden Plains Shire Council Positive Ageing 5220 7151		<b>Soft Tennis</b> 10-11.30am YMCA Bannockburn Session One: FREE	
	<b>Be Connected Program - Computing Support for over 50s</b> 11am-12pm 1-2pm 2-3pm Haddon Community Centre <b>FREE</b> Contact: 5342 7050	<b>Meredith Makers Sewing Group</b> 1-3.30pm Meredith Community Centre <b>\$3</b> Contact: Leah Phillips 5286 0700		<b>Be Connected Program - Computing Support for over 50s</b> 11am-12pm 1-2pm 2-3pm Haddon Community Centre <b>FREE</b> Contact: 5342 7050	
		<b>Seniors Move it Gentle Program</b> 11.15am-12.15pm Haddon Community Centre <b>\$9 (Seniors Concession)</b> Contact: Alana 0422 288 545			
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21	SATURDAY 22
<b>Soft Tennis</b> 10-11.30am YMCA Bannockburn Session One: FREE	<b>Rokewood Waking Group</b> 9am Hesse Health <b>FREE</b> Contact: Gwen Mills 5346 1450	<b>Steady Feet</b> 10.30-11.30am Meredith Community Centre <b>\$10</b>	<b>Smythesdale Walking Group</b> 10am Smythesdale Gardens <b>FREE</b> Contact: Denny 0419 666 860	<b>Soft Tennis</b> 10-11.30am YMCA Bannockburn Session One: FREE	<b>Intergenerational Childrens Week Art Program</b> 10.30am-12pm Transport available. Confirmed upon booking. YMCA Bannockburn <b>FREE</b> Contact: Golden Plains Shire Council Positive Ageing 5220 7151
<b>Haddon Quilters Group</b> 6.30pm Haddon Community Centre \$3	<b>Be Connected Program - Computing Support for over 50s</b> 11am-12pm 1-2pm 2-3pm Haddon Community Centre <b>FREE</b> Contact: 5342 7050	<b>Geelong Art Gallery Outing &amp; Lunch at the Fyansford Hotel</b> 11am Transport available. Confirmed upon booking. Art Gallery: FREE Lunch: \$15.90 Contact: Golden Plains Shire Council Positive Ageing 5220 7151	<b>Chat &amp; Chew (2 Course Lunch)</b> Time to be advised upon booking Haddon Community Centre <b>\$15</b> Contact: 5342 7050	<b>Be Connected Program - Computing Support for over 50s</b> 11am-12pm 1-2pm 2-3pm Haddon Community Centre <b>FREE</b> Contact: 5342 7050	
		<b>Seniors Move it Gentle Program</b> 11.15am-12.15pm Haddon Community Centre <b>\$9 (Seniors Concession)</b> Contact: Alana 0422 288 545		<b>Dereel Walking Group</b> 10am Dereel Community Centre <b>FREE</b>	
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28	SATURDAY 29
<b>Soft Tennis</b> 10-11.30am YMCA Bannockburn Session One: FREE	<b>Rokewood Waking Group</b> 9am Hesse Health <b>FREE</b> Contact: Gwen Mills 5346 1450	<b>Steady Feet</b> 10.30-11.30am Meredith Community Centre <b>\$10</b>	<b>Smythesdale Walking Group</b> 9am Smythesdale Gardens <b>FREE</b> Contact: Denny 0419 666 860	<b>Soft Tennis</b> 10-11.30am YMCA Bannockburn Session One: FREE	
	<b>Be Connected Program - Computing Support for over 50s</b> 11am-12pm 1-2pm 2-3pm Haddon Community Centre <b>FREE</b> Contact: 5342 7050			<b>Be Connected Program - Computing Support for over 50s</b> 11am-12pm 1-2pm 2-3pm Haddon Community Centre <b>FREE</b> Contact: 5342 7050	



Council run event. Transport available. Bookings essential.  
 Contact Golden Plains Shire Council Postive Ageing Team on 5220 7151.